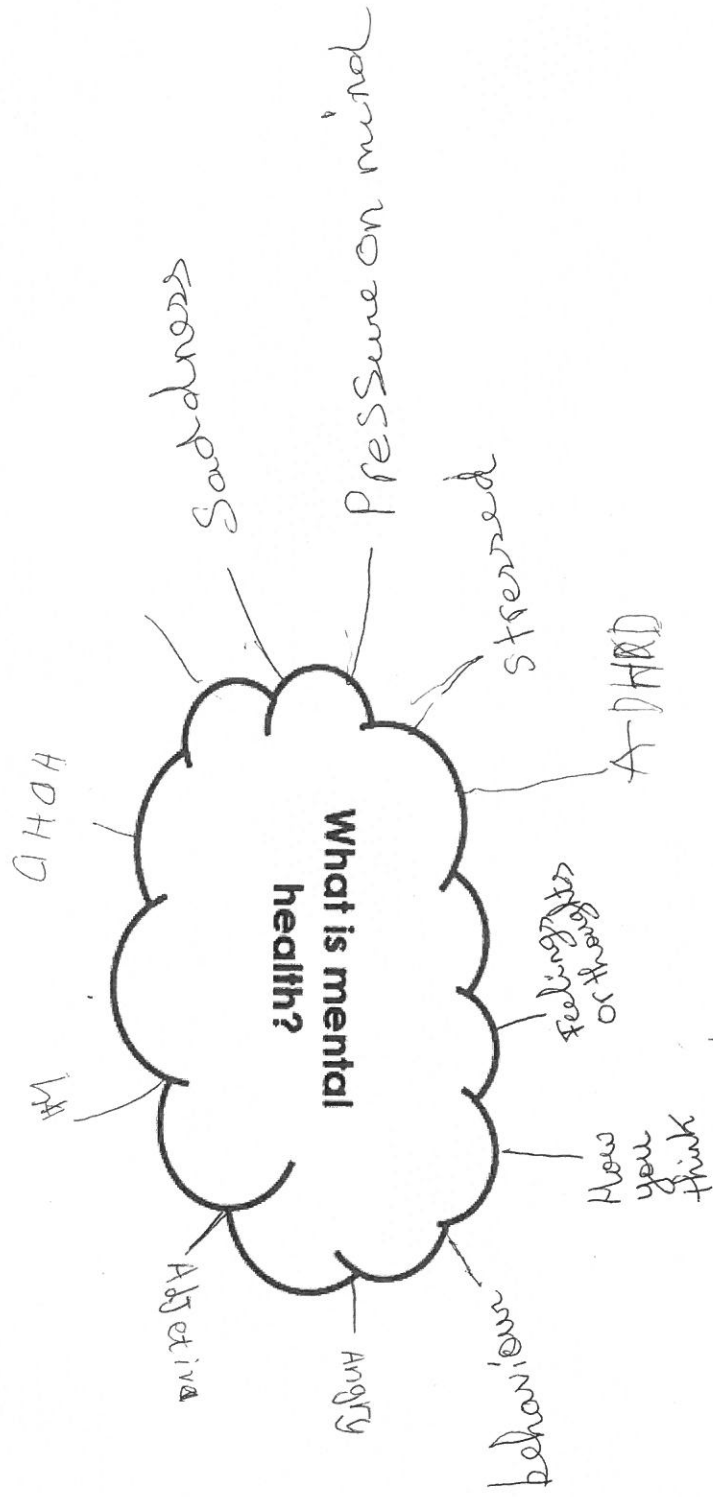


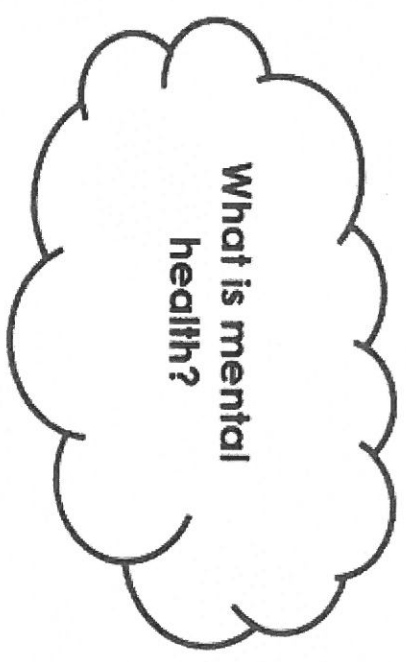


How
you
feel

Problems
with mind

To do with how
healthy you are

How you feel



existing
mental
problems

Anxiety / stress

constant sinking feelings

to do with how
you are