

What are the benefits of Forest School?

Through Forest School your child will learn:

- To work cooperatively with others
- To solve problems independently
- Practical skills
- To develop fine & gross motor skills
- Respect for boundaries
- To take risks and keep trying
- Respect for nature and care for the environment

What about bad weather?

Forest school will go ahead in almost all weathers! A bit of rain won't stop us! Experiencing the environment in a range of weather is extremely beneficial to the children. If the weather poses a risk to safety (high winds, thunderstorms) an indoor session will be held.



If you have any questions or would like any more information please contact Mrs. Fishwick via g.fisher@abbott.mancehster.sch.uk.



A space for your child to grow





“When I’m at Forest School I like it because I get to move around and I can play but I learn stuff too!” Hunter – Reception

What will my child do?

Each Forest School session your child will explore some of the following aspects of Forest School

- Practical skill building such as using tools, building fires or making shelters
- Getting creative using natural materials
- Sharing thoughts, feeling and ideas through regular reflection activities
- Learn to care for the environment by planting and developing the site as well as creating a sustainable habitat for the local wildlife

What does my child need for Forest School?

We will provide many of the resources that your child will need for Forest School however some items will need to be brought in from home. Please see the list below:

In cold weather

- A warm coat and layered clothing (vest, t shirt, jumper)
- Gloves and hats
- Clean, spare set of clothes
- Wellingtons or waterproof boots
- Spare socks

In warmer weather

- Light cool clothing. A top with long sleeves, comfortable trousers or joggers and sturdy boots or trainers with a good grip which can get muddy.
- Sun hat
- Sun Cream

How do I know my child is safe?

All Forest School sessions at Abbott will be led by a fully qualified and first aid trained practitioner.

The Forest School site is Risk Assessed on a daily basis

All sessions have a high ratio of adults to children and most sessions will have less than 8 children.

Part of Forest School is teaching children to identify and manage risks themselves however this will never be at the expense of the safety of the group.

