



EYFS, KS1 and KS2 PE
Sport, Fitness, Health
and Well-being

Reception

| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|-------------|------------------------|---------------------|-------------|-------------|---------------------|
| Me & Myself | Movement & Development | Throwing & Catching | Ball skills | Fun & Games | Working with others |

Year 1

| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|----------|--------------|------------|--------------|----------|-----------|
| Football | Gymnastics 1 | Dance | Orienteering | Fitness | Athletics |
| Handball | Golf | Volleyball | Gymnastics 2 | Netball | Rounders |

Year 2

| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|---------------------|---------------------------|--------------------|------------------------------|----------------------|----------------------|
| Hockey Tag-rugby | Gymnastics 1 Dodgeball | Dance Badminton | Orienteering Gymnastics 2 | Tennis Basketball | Athletics Cricket |

Year 3

| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|----------------------|----------------------|---------------------|------------------------------|--------------------|-----------------------|
| Football Handball | Gymnastics 1 Golf | Dance Volleyball | Orienteering Gymnastics 2 | Fitness Netball | Athletics Rounders |

Year 4

| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|---------------------|---------------------------|--------------------|------------------------------|----------------------|----------------------|
| Hockey Tag-rugby | Gymnastics 1 Dodgeball | Dance Badminton | Orienteering Gymnastics 2 | Tennis Basketball | Athletics Cricket |

Year 5

| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|----------------------|----------------------|---------------------|------------------------------|--------------------|-----------------------|
| Football Handball | Gymnastics 1 Golf | Dance Volleyball | Orienteering Gymnastics 2 | Fitness Netball | Athletics Rounders |

Year 6

| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|-----------|--------------|-----------|--------------|------------|-----------|
| Hockey | Gymnastics 1 | Dance | Orienteering | Tennis | Athletics |
| Tag-rugby | Dodgeball | Badminton | Gymnastics 2 | Basketball | Cricket |